



Evidence-informed  
training packs tailored  
to your team

## CONTACT US

You can contact us if there is anything you need to ask then you can contact us at



Mount Gambier SA



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<https://www.mountgambierchildcare.com>



## ABOUT US

Our trauma-informed program draws on contemporary neuroscience, attachment theory and practical early childhood experience to build educator capacity, support families and create emotionally safe learning environments.

More Information :  
[www.reallygreatsite.com](http://www.reallygreatsite.com)

## EVIDENCE BASED

everything we deliver is grounded in the most current, up-to-date evidence-based approaches to trauma practice in Australia.



## THE TEAM



### **KAITLYN PALTRIDGE**

Postgraduate qualification  
in Early Childhood Trauma

Diploma of Early Childhood  
Education and Care



### **FIONA PALTRIDGE**

Advanced Diploma of  
Children's Services



### **CHEYANNE HOLLOWAY**

Postgraduate qualification  
in Early Childhood Trauma

Diploma of Early Childhood  
Education and Care

## WORKSHOP

A structured four-session program  
covering:

- Foundations of neuroscience
- Trauma-informed connection
- Aligned practice
- Embedding practice into everyday  
environments

The program also includes optional  
follow-up and leadership sessions to  
support sustained implementation  
and whole-service alignment.

Educators are provided with a guided  
reflection workbook, practical play  
skills plans, and classroom-ready tools  
and resources. The content is  
intentionally designed to build on the  
existing knowledge of Diploma-  
qualified educators, strengthening  
their confidence and capability to  
understand, interpret and respond  
effectively to significant emotional  
dysregulation in children.

## MORE THEN JUST EDUCATION

The early years shape lifelong  
wellbeing. We equip educators with  
current, evidence-based knowledge in  
trauma, neuroscience and attachment  
to confidently support emotional  
regulation and connection in young  
children. By strengthening  
professional capability, we help create  
safe, responsive environments where  
children can thrive from the very start.

